

datum
Wedstrijd

1/09/2024
Open met jeugd

DALO Lommel (B)

	loopn.			ver	kogel	vortex/speer
13,30	min h	80	13,30	pup d		pup h
13,40	min d	80	13,40		min h	
14,00	pup h	60	14,00	min d		
14,10	pup d	60	14,15		pup h	pup d
14,30	min h	150	14,30	G recrea		
14,40	min d	150				
	loopn.			ver	kogel	discus
15,00	100 m	G recrea	14,45	kad d	js h	kad h
15,05		AMH d		jsm d	mas M35-45	mas M60-65
15,10		AMH h		AMH d	mas M50-55	mas M70-75
15,15		kad h				mas M80+
15,20		schol h	15,30		js d	schol h
15,25		jsm h			mas W35-40-45	mas M50-55
15,30		kad d			mas W50-55-60+	
15,35		schol d			mas W 75+	
15,40		jsm d	16,15	kad h	schol h	js h
16,00	200 m	kad h		jsm h	mas M60-65	mas M35-45
16,05		schol h		AMH h	mas M70-75	
16,10		jsm h	17,00		kad d	js d
16,15		kad d			schol d	mas W35-40-45
16,20		schol d				mas W50-55-60+
16,25		jsm d				mas W65-70-75+
17,00	800 m	kad h	17,45			schol d
17,05		schol h				kad d
17,10		jsm h				
17,15		kad d				
17,20		schol d				
17,25		jsm d				

18

4

6
45

5

12

Heren	pup	60		
		kogel	vortex	
	min	80	150	
		kogel		
	cad	100	200	800
			discus	ver
	schol	100	200	800
		kogel	discus	ver
	jsm	100	200	800
	kogel	discus	ver	
	pup	60		

3

3

6

5

6

		vortex	ver	
min	80	150		
			ver	
cad	100	200	800	
	kogel	discus	ver	
schol	100	200	800	
	kogel	discus	ver	
jsm	100	200	800	
Dames	kogel	discus	ver	
	G recrea	100	ver	
Heren	AMH	100	ver	
Dames	AMH	100	ver	

3

3

6

4

6

12

45